

The Issaquah School District is committed to providing learning experiences that foster students' lifelong healthy habits. Nutrition is an essential part of academic performance, because children who eat well-balanced meals are more likely to be healthy and are therefore better prepared to learn in school. Because the District supports physical activity and good nutrition at all grade levels, it is the District Regulation to:

- Provide students access to nutritious foods
- Encourage healthful activity and fitness for life
- Make accurate information available about these topics

The District shall develop and implement comprehensive District-wide nutrition procedures consistent with state and federal requirements for Districts participating in the National School Lunch Program.

This program will set guidelines for all foods and beverages **sold** to students during the school day:

- In Food Service programs
- In vending machines
- In snack bars
- In school stores
- In school sponsored activities, including fundraising

The superintendent or designee shall establish an advisory committee to assist in the development, implementation, and the periodic review and update of the local school wellness Regulation. Selection of advisory committee members will be selected by the superintendent or designee and may include students, parents, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public. Each advisory committee meeting will be open to the general public and will have a public comment period available at the beginning of each meeting. In addition, public comments are accepted.

Cross References:

Regulation 4260 Use of District Facilities

Legal References:

- 28A.230.040 Physical Education-Grades 1-8
- 28A.230.050 Physical Education in High Schools Food Services
- 28A.235 Agreements Milk for children at school expense
- 28A.235.120 Nonprofit program for elderly —Authorized — Restricted
- 28A.235.130 Meal Programs — Establishment and Operation - Personnel
- 69.04 Intrastate Commerce in Food, Drugs and Cosmetics
- 69.06.010 Food and beverage service worker's permit- Filing, duration – minimum training
- 69.06.020 Permit exclusive and valid throughout state- fee
- 69.06.030 Diseased persons- May not work- Employer may not hire
- 69.06.050 Permit to be secured within fourteen days from
- 69.06.070 Limited duty permit

WAC References:

- 392.410.135 Physical Education – Grade and high school req.
- 392-410-136 Physical Education Requirement-Excuse